

HEALTH IS WEALTH EXPO

APRIL 25, 2026

WESTCHESTER COUNTY CENTER, WHITE PLAINS, NY

MAIN STAGE PROGRAM

9 a.m. Doors Open

9:15 a.m. - 9:35 a.m.	Health is Wealth: Take Control of Your Life	Sean Degnan, Dave Reggina
9:35 a.m. - 9:40 a.m.	Welcome Address	Westchester County Executive, Ken Jenkins
9:40 a.m. - 10 a.m.	Faith & Purpose	Wayne Francis
10:05 a.m. - 11 a.m.	You Deserve to be Rich	Rashad Bilal, Troy Millings

BREAKOUT SESSION BLOCK 1

11:10 a.m. - 12 p.m.

Room A	Longevity, Peptides & The ROI of Living Better	Melissa Pulcini-Buttine
Room C/D	Worship & Network: Connect, Collaborate, Create	Eddie Huezo, Hugo Velazquez
Room E	Mental Health Panel	Sean O'Connor, Veronica Vaiti, Ian Garfinkel
Room F	Women's Wellness Panel	Rosalie Kissmann, Kelly Towart, Jennifer Rozon, Beth Brown
Little Theater	Taking Risks is Actually Not Risky	Delaney Wallace
Basement	Live Kettlebell Class	Pat Damiano

MAIN STAGE

12:10 p.m. - 12:50 p.m.	Live Hypnobreathwork Session	Francesca Sipma
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LUNCH & VENDOR VILLAGE

1:00 p.m. - 2:00 p.m.	Visit over 70 local businesses
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MAIN STAGE

2:10 p.m. - 2:40 p.m.	Price of Success: Sacrifice, Choices & Gratitude	Sabby Piscitelli
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BREAKOUT SESSION BLOCK 2

2:50 p.m. - 3:40 p.m.

Room A	Benefits of IV Therapy & Wellness	Andrea Della Mura
Room B	How Fashion Shapes Opportunities	Tanya Meyers, Carly Novick Ridloff Alexandra Kocovic, Tina Broccole
Room C/D	Confidence & Public Speaking	Brandon Gaydorus, Carl Michel, Omar Fortt, Solana Lewis
Room E	Sound Healing	Jean Gutierrez
Room F	Addiction, Recovery & Sober Curious	Kathryn Sauser, Joe Kay, Allen Collins, Kelly Gardner
Little Theater	High Performance Fitness & Community Building	Jake Zemer, Kenny Santucci, Nicki Torreggiani

MAIN STAGE FINALE

3:50 p.m. - 4:25 p.m.	Business Engine & AI	Michael MacDonald
4:30 p.m. - 5 p.m.	Leaders Create Leaders	Gerard Adams

VENDOR VILLAGE IS OPEN ALL DAY!

